



Teacher's Copy Only
Explorer Pathfinder Class - First Aid Test

Answer all questions.
Tick the correct answer

1 – Sunburn is prolonged exposure to the sun

- True
False

Score = 1

2 – The treatment of sunburn is

- apply cold compress
 take cold showers
 drink a lot of fluid
 do not break blisters
 all of the above

Score = 5

3 – Signs of severe heat exposure are

- dizziness
 fatigue
 headache
 nausea and vomiting
 all of the above

Score = 5

4 – Burns are caused by extreme dry or moist heat

- True
False

Score = 1

5 – A person on fire is best rescued by smothering the flames by rolling them on the floor.

- True
False

Score = 1

6 – Immediate treatment of all burns is to irrigate with cold water

- True
False

Score = 1

7 – Treat smoke in the eyes by irrigation of cold water

- True
False

Score = 1

8 – Inhaled smoke can cause asphyxia; treat by removing the patient from the area and begin emergency Artificial Respiration.

- True
False

Score = 1

9 – Treat a simple faint by laying the patient down and elevating their feet

- True
False

Score = 1

10 – When a patient is unconscious the airway must be maintained

True

False

Score = 1

11 – Tourniquets must not be used to restrict bleeding.

True

False

Score = 1

12 – Treat snakebite with a firm bandage of the entire limb beginning at the bite.

True

False

Score = 1

13 – Bee sting; treat by removing the sting, wipe the area clean and apply a cold compress.

True

False

Score = 1

14 – Remove leeches with salt or a lighted match

True

False

Score = 1

15 – Stings from plants such as stinging nettle can be removed by washing the affected area with soapy water. Apply ice cubes and soothing cream.

True

False

Score = 1

16 – Shark attack – treat by packing wound/s with clothing or towels.

True

False

Score = 1

17 – Hypothermia is the exposure to cold weather or being immersed in cold water

True

False

Score = 1

18 – Treat hypothermia by giving a warm sweet drink

True

False

Score = 1

Total score = 26

Pass mark = 14/26