1. Draw up a three-day vegetarian menu based on God’s original instruction found in Genesis 1:29, 30.

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|  | **DAY 1** | **DAY 2** | **DAY 3** |
| **Breakfast** |  |  |  |
| **Lunch** |  |  |  |
| **Diner** |  |  |  |

2. Prepare a poster or chart to illustrate the four basic food groups and include pictures from magazines